



2010 Summer Class Schedule Freedom TaeKwon-Do Schools



#101 – 3845 15th Avenue, Prince George, B.C. V2N 1A4 Tel: (250) 564 2565 Fax: (250) 564-2565

EFFECTIVE JUNE 1st – September 5th 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		ALL Little Eagles 1 4:30-5:15	ALL Little Eagles 2 4:30-5:15			White Belt - Black Belt Mixed 10:00 – 11:00 BBC ONLY Competition & Conditioning 11:00 – 12:00
			White Belt - Black Belt ALL 5:30 – 6:30	Green Belt - Black Belt ALL 6:00 – 6:50	White Belt - Black Belt ALL 5:30 – 6:30	
	Green Belt - Black Belt ALL 6:00 – 6:50					
	White Belt - Black Belt All Ages 7:00 – 8:00	White Belt - Black Belt Adults 16+ Only 7:00 – 8:15	White Belt - Black Belt All Ages 7:00 – 8:00	White Belt - Black Belt Adults 16+ Only 7:00 – 8:15		

IMPORTANT DATES

June 5th & 6th
Can-Am Championships – Oakville, Ont.

June 10th
Father's Day Class

June 12th
Testing Day – **NO CLASSES**

June 16th
In Class Breaking Tournament

June 5th & 6th
Can-Am Championships – Oakville, Ont.

June 19th – 21st
Pan-American Championships – La Plata, Argentina

June 25th – 27th
I.T.F. International Instructors Course – Regina

July 1st
Canada Day - **NO CLASSES**

July 1st
HST COMES INTO EFFECT

July 4th,
ISKA World Continental Gold Cup – Jamaica

July 9th,
US Open Continental Championships – Orlando

August 2nd
B.C. Day – **NO CLASSES**

August 14th & 15th
2010 Black Belt Exams

August 24th – September 8th
Staff / Facility Maintenance - **NO CLASSES**

Notes

Black Belts and Black Belt Club Members are permitted to attend ANY class that is appropriate for their rank.

Saturday Classes will be confirmed on a weekly basis, and may be held outside in the park
Check notice board in lounge and website for weekly details.